



PARENT UNIVERSITY

Before COVID, there was a childhood mental health crisis. As challenging and painful as COVID has been on all of us, the disruption of this pandemic has pushed us all to find resilience during a time of remarkable stress. In this talk, Psychologist and Educator, Dr. Doug Bolton will share some of the lessons we are learning from COVID about how to use stressful times to build resilience in our children that will help them now and in the future.



Presenter Doug Bolton, PhD

Doug Bolton is a Licensed Clinical Psychologist and Director of School Consultation for Formative Psychological Services. He spent over 20 years as a psychologist and principal at North Shore Academy, a K-12 therapeutic school in Highland Park. Dr. Bolton provides consultation, supervision and professional development to parents, educators, and clinicians throughout northern Illinois to create communities that help foster student and staff resilience.

This event will last approximately 1 hour. Child Care is available for children ages 3 - 13. Any child that attends will receive popcorn and a movie as parents attend the presentation. RSVP Required (Space is limited) Check in for child care begins at 6:30 p.m.

**OCTOBER 13,
2022**

7 PM

Lake Park East

600 Medinah Rd,
Roselle, IL 60172



REGISTER ONLINE



SPONSORED BY

ITASCA SD 10

MEDINAH SD 11

ROSELLE SD 12

BLOOMINGDALE 13

KEENEYVILLE 20

LAKE PARK 108